

## **Tips for Busy Schedules**

1. Consider meeting in the early mornings before work. It may be easier to wake up a little earlier than to meet at night.
2. Consider meeting before or after Sunday worship. This alleviates the need to get out another night of the week.
3. Consider meeting during lunch break. This is possible if a group of people work near one another.
4. Consider having a rotating plan each month. The first and third weeks of the month, everyone meets together in person. The second week of the month, the groups meets online. And the fourth week of the month, everyone comes together to do something recreational together.
5. Consider meeting over a meal if that is easier for the group.

### **Principles to Remember**

- People become relationally disconnected if they don't communicate with one another regularly.
- Vulnerability and authentic conversations take place between people who feel their lives are connected.
- The fewer meetings you have, the more communication you need between meetings.

### **Ideas to Stay Connected**

- Set up a WhatsApp group chat for people to stay connected between group meetings.
- Invite group members to do recreational things you're already doing. When you decide to see a movie, have a cookout, play cards, go golfing, or go shopping, be proactive and invite group members along. In this way, you can fit community-building into your current schedule.
- Have a set dinner invitation the same day and time each week at the same place. Make this an open invitation for any group members who would like to join you.
- Use Skype, Zoom or a similar program to have conversations between meetings. This alleviates travel time but still makes it possible for group members to connect and see one another's faces.
- Host a virtual game night!